

MyOptionSM Platinum Dental

Choose the benefits that fit your needs

Customize your Medicare Advantage plan with dental benefits

Well-being starts with a healthy smile

Your smile says a lot about your health. Oral health affects not only how you look, but also other vital organs like your heart. Often, the first sign of a serious medical condition is in your mouth. Recent research suggests a link between oral health and heart disease, stroke, diabetes and pneumonia.¹

¹ American Dental Association,
<http://www.mouthhealthy.org/en/adults-over-60>

Your health matters most

That's why benefits that cover your dental health are so important. At Humana, we offer benefits that can help you achieve your health and wellness goals. These benefits provide choices that make it easier for you to get coverage that fits your needs and keeps you healthy.

What are your dental needs?

Do you visit your dentist for preventive care more than once a year? Did your dentist replace a cap or filling during the past year? Would you like to know how you can enhance your dental benefits and better control your out-of-pocket costs?

What MyOption Platinum Dental offers you

MyOption Platinum Dental is available for an extra monthly premium when you enroll in certain Humana Medicare Advantage (MA) plans. It allows



you to customize your coverage with benefits that include coverage for preventive, basic and major dental services not available with the standard plan. You get valuable dental care benefits that can meet your needs – including full coverage for in-network preventive services with no deductible. Our nationwide network has more than 150,000 dentist locations. There's a maximum annual benefit of \$2,000.

Enhance your Humana Medicare Advantage plan

As a Humana Medicare Advantage (MA) member, you can add **MyOption Platinum Dental**, where available, to your Medicare Advantage plan when you enroll or anytime throughout the year.

Now that's a lot to smile about!

Humana[®]



Covered services

In Network

- 100 percent coverage on up to two routine exams per year
- 100 percent coverage on one set of X-rays per year*
- 100 percent coverage on up to two routine cleanings per year
- 100 percent coverage on one oral cancer screening per year
- 50-100 percent coverage on some basic services*
- 30 percent coverage on major services* like root canals, crowns, dentures and adjustments
- 30 percent coverage for restoration implants

Out of Network

- 50 percent coverage on up to two routine exams per year
- 50 percent coverage on one set of X-rays per year*
- 50 percent coverage on up to two routine cleanings per year
- 50 percent coverage on one oral cancer screening per year
- 45-50 percent coverage on some basic services*
- 25 percent coverage on major services* like root canals, crowns and dentures
- 25 percent coverage for restoration implants

*Covered dental services are subject to conditions, limitations, exclusions and maximums. Please see your Evidence of Coverage for details.

Did you know?

Depending on the material used, crowns can cost \$800 to \$1,500 each.¹ With **MyOption Platinum Dental**, you can save up to 30 percent on the cost of crowns.

¹<http://health.costhelper.com/dental-crown.html>

We go where you go!

As a member, you'll have your own personalized tool to help you manage your healthcare — **MyHumana**.

Use a desktop, tablet or smartphone and access your healthcare information online in one convenient place.

You'll be able to sign into MyHumana anytime, anywhere.

- View your coverage and benefit details for medical, dental, vision and pharmacy
- Check the status of your claims
- Track your healthcare spending
- Compare drug prices
- Locate providers in your Humana network
- Sign up for text alerts

Visit **Humana.com/tourMyHumana** and take a tour!

Humana is a Medicare Advantage organization with a Medicare contract. Enrollment in a Humana plan depends on contract renewal. Humana MyOption optional supplemental benefits (OSB) are only available to members of certain Humana Medicare Advantage (MA) plans. Members of Humana plans that offer OSBs may enroll in OSBs throughout the year. Benefits may change on January 1 each year. Enrollees must continue to pay the Medicare Part B premium and the Humana plan premium plus the OSB premium. Enrollees must use network providers for specific OSBs when stated in the Evidence of Coverage (EOC); otherwise, covered services may be received from non-network providers at a higher cost. The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan.

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Let MyOption Platinum
Dental help you live life fully

Let's talk

You can get personalized service from your Humana agent, who is dedicated to meeting your individual needs. Or, to speak to a licensed sales agent, call:

1-888-866-3154 (TTY: 711)

Sept. 15, 2014 – Feb. 15, 2015

8 a.m. – 8 p.m.,
seven days a week

Feb. 16, 2015 – Sept. 16, 2015

8 a.m. – 8 p.m.,
Monday – Friday

Or go to **Humana-Medicare.com**

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